



Together we can 'Reach for the Sky'.



## RGI Inclusion Newsletter

March 2026

### *ADHD and Autism support in Sussex - new guide for parents, carers and young people*

NHS Sussex Health and Care has published a new webpage guide for parents, carers and young people looking for autism and ADHD information and support. NHS practitioners worked with other services, parent carer groups and people with lived experience to reduce information overwhelm and make sure that people are signposted to the right support.

Visit: [www.sussex.ics.nhs.uk/our-work/cyp/special-educational-needs-and-disabilitysend/waiting-neurodevelopmental/](http://www.sussex.ics.nhs.uk/our-work/cyp/special-educational-needs-and-disabilitysend/waiting-neurodevelopmental/)

You can also find links to this page and further health and development information on the West Sussex Local Offer website.

Mrs L Hardy, SENDCO

### Coming up...

SEND Parent drop in on Thursday 26<sup>th</sup> March at 2:20pm.

an informal drop in where you can come and meet the Inclusion team to find out more about what we do to support your children. Please come to the school office, and we will walk you to the school hall where we can talk to you about our roles.

The meeting will finish in time for you to collect your child at the end of the day.

#### **Individual Learning Plans (ILPs)**

If your child has an individual learning plan with targets to help them, teachers have reviewed and written new plans. You will receive a copy before the Easter break.

If your child has a speech and language plan, these will be reviewed continually throughout the year.

If you are not sure whether your child has an ILP, then please check with your class teacher.



If you have any concerns or questions regarding your child's needs, you can make an appointment to speak with:

your child's class teacher, Mrs Hardy (SENDCO) [hardy@rosegreeninfant.school](mailto:hardy@rosegreeninfant.school) or

Mrs Bull (ELSA) [abull@rosegreeninfant.school](mailto:abull@rosegreeninfant.school)



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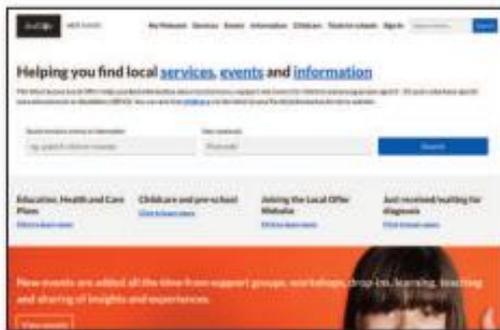
## Useful organisations providing training, support and information.



Reaching Families have been commissioned by NHS Sussex to pilot and develop a new support service for parent-carers of children undergoing assessment on the West Sussex Neurodevelopmental Pathway. The support is available to families waiting for an Autism/ADHD assessment, during and for a year afterwards. It is available to parent-carers via referral from a professional working with their child.

Parents may approach you to ask you complete a referral, and it might also be something you wish to signpost families to.

More information can be found at: [www.reachingfamilies.org.uk/ndp](http://www.reachingfamilies.org.uk/ndp)





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