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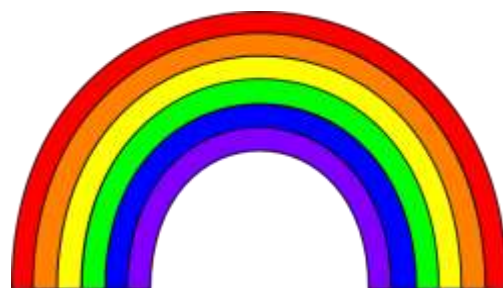
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Friday 24th September 2021

World Mental Health Day 2021

Dear Parents, Carers and Staff,

Sunday 10th October is World Mental Health Day. Heads On is a Sussex Partnership NHS Foundation Trust charity, that works with schools to support mental health. In celebration of this day, and to support CAMHS (Child and Adolescent Mental Health Service), we are taking part in their Rainbow Dress Down Day.



Obviously the actual day is on a weekend, so we have chosen **Friday 15th October** as our day to show support. We are asking everyone to come to school in non-uniform – they can wear all the colours of the rainbow if they wish, or just one or a few colours if they prefer. It really doesn't matter! We are asking for a **£1 donation**, which will go towards supporting children and young people's NHS mental health services in West Sussex.

Thank you in advance for your support.

Best wishes

Sally Dreckmann
Headteacher

Working Together, to Learn, Achieve and Have Fun!

Headteacher: Mrs Sally Dreckmann BEd (Hons) NPQH

