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NEWSLETTER – April 2024

Dear Parents and Carers,

Welcome back to the summer term - I can't quite believe we are already two thirds of the way through the school year. This term is going to be very busy, so please keep an eye on the dates list at the end of each newsletter, and also Parent Mails, so you don't miss anything.

With regards

Mrs Sally Dreckmann

Red Nose Day - Friday 15th March

Thank you so much for your support. We raised an amazing £288.40 for Red Nose Day this year.

The children really enjoyed coming to school in non-uniform and were very creative with their 'crazy hair!'



The Big Sing - Thursday 21st March

Our thanks to Mrs Lloyd and some of our Year 2 children who took part in the 'Big Sing' at the

Arena on Thursday 21st March. The children sang beautifully.



Year 1 Dream Home Competition

Well done to all the Year 1 children for their lovely work in designing their 'dream home'. Dee from Henry Adams came to a special assembly on Thursday 28th March where the following winning entries were announced:

Thomas, Layla, Mustapha - Ladybird Class

Evelyn, Posy, Milo - Butterfly Class

Max, Emma, Cameron - Hedgehog Class

Each child received a medal from Henry Adams.



PTA News

The PTA held a fantastic quiz night and fish and chip supper on Friday 22nd March, which was well supported. The evening raised £175.00 towards PTA funds.

The children had a lovely morning on Wednesday 27th March searching for Easter eggs within the school grounds and taking part in a sponsored 'Bunny Bounce' in the hall. Many thanks to those families that kindly donated the eggs and to the many helpers who came to ensure the two events ran smoothly, particularly the Sports Leaders from Felpham Community College. We had so many donations that we also managed to raffle an Easter egg hamper and a lovely Easter display which was kindly donated by Brooklyn's nanny. This was won by Arthur in Poppy Class and raised an additional £80.00 towards PTA funds.



Thank you to everyone who has returned their sponsorship money; your generosity never ceases to amaze us. Please could any outstanding money be returned to the office as soon as possible. We will let you know in due course how much has been raised.



Incredible Eggs

There was great excitement throughout the school before Easter as we had three duck eggs which hatched. The children have loved watching the ducklings grow and swim in their own private pool! This will help to develop our understanding of life cycles. Thank you to Miss Beeney for organising this lovely experience for the children and for looking after the ducklings at the weekend! Please do look on our website to see their progress.



Pupil Premium/Free School Meals Funding Eligibility

Just a reminder that families who receive certain benefits or who are on a low income may be eligible to free school meals funding which the school receives an allocated amount for. We use this additional funding to subsidise school trips and after school clubs for the eligible pupils. Even though your child is already entitled to receive a universal infant free school meal, if you think your child may be eligible, please go to

the following link from the West Sussex County Council:

<https://www.westsussex.gov.uk/education-children-and-families/schools-and-colleges/free-school-meals/>

Sports Mornings

We are very much looking forward to our sports mornings followed by a picnic lunch next month (please see diary of dates for each Year Group date).

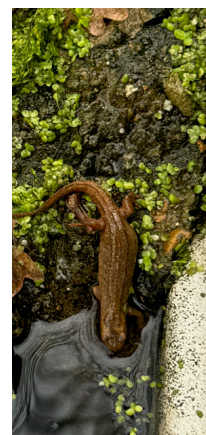
Just to clarify that parents/carers are very welcome to bring a picnic lunch and stay to eat with their children following the sports mornings. Please can we ask that you do not share food with other children due to food intolerances and allergies. Hot dinners will still be provided in special takeaway containers so that your child can still sit with you if you prefer that option. You will need to order a hot meal on parentpay in the usual way. If your child would prefer your own picnic lunch, please can you cancel any hot dinners ordered on parentpay. Thank you.

A couple of 'thank you's': -

*A big thank you for all your support during book week. We received 40 free books following our Book Fair on Monday 4th March.

*Thank you to everyone who took part in the 'catch me counting' challenge at home during Maths week. Mrs Sugden received some lovely photos and emails telling her how the children have been counting at home.

*Thank you to Theo and Idris for rescuing a newt which they found on the road just outside the front of the school the other day. It has now been safely released into our pond.



Dates for your Diary - more details to follow (New dates in **Red**)

Event	Date	Time
Start of Summer Term	Monday 15 th April	
Year 2 Visit to Marwell Zoo	Tuesday 23 rd April	
Year 1 Infant Agility at the Arena	Wednesday 24 th April	am
Class Photos (re-arranged date from 15 th May)	Thursday 25 th April	am
Creative Week	w/c 29 th April	
Bank Holiday	Monday 6 th May	
Welcome Wednesday	Wednesday 15 th May	2.30 pm
Year 1 'Amazing Animal' workshops	Friday 17 th May	am
Walk to School Week	w/c 20 th May	
Reception Sports Morning	Monday 20 th May followed by picnic lunch	10.30 am
Year 2 Sports Morning	Wednesday 22 nd May followed by picnic lunch	10.45 am
Year 1 Sports Morning	Thursday 23 rd May followed by picnic lunch	10.45 am
Half Term	27 th - 31 st May	
Inset Day	Monday 3 rd June	
Reception visit to Winchester Planetarium	Wednesday 5 th June	
Phonics Testing Week	w/c 10 th June	
Sports Week	w/c 17 th June	
New Reception Parents meeting for September 2024 intake	Monday 17 th June	7.00 pm
Reserve Reception Sports Morning	Monday 24 th June followed by picnic lunch	10.30 am
Reserve Year 1 Sports Morning	Thursday 27 th June followed by picnic lunch	10.45 am
Reserve Year 2 Sports Morning	Friday 28 th June followed by picnic lunch	10.45 am
Transition Day	Wednesday 3 rd July	All day
Summer Fair	tbc	
School Reports to go home	Friday 5 th July	
Welcome Wednesday/Open Afternoon	Wednesday 10 th July	2.15 - 3.15 pm
Year 2 Concert for parents	Wednesday 17 th July	2.00 pm
Year 2 Concert for parents (no babies or pre-school children)	Thursday 18 th July	9.00 am
Year 2 Leaver's Disco	Thursday 18 th July	4.00 - 5.15 pm
Outside Playday	Friday 19 th July	All day
Year 2 Leaver's Assembly (for parents)	Tuesday 23 rd July	9.00 am
Last day of Term	Tuesday 23 rd July	

Your child's mental health and wellbeing: March 2024



Being your child's wellbeing champion

Children learn from the people around them. See this very short clip to see a brilliant example.



Children can't learn without being shown. How do your children see you looking after your own wellbeing? It can be hard with busy lives, the lure of technology, complicated relationships, etc to take care of ourselves, but looking after yourself is a gift to your children.



CONNECT



**TAKE
NOTICE**



**BE
ACTIVE**



**KEEP
LEARNING**



GIVE

The Five Ways to Wellbeing



Not sure where to start? Think about The Five Ways to Wellbeing. How can you build the Five Ways into your life?

Be creative, e.g. giving doesn't have to be money to charity. It could be giving someone a compliment, or taking in a parcel for next door, or sending a text.

Positive self-talk is so important. You want your children to be proud of their achievements, so you need to show them you are proud of yours. Every single day find *something* to celebrate about yourself in front of your children. "I made a really yummy tea today" or "I was going to drive to the shop but I walked instead, I'm really proud of myself."

Celebrate you



Stop trash talk

"Oh, I'm rubbish at drawing". "I look so awful today". Sound familiar? Don't put yourself down in front of your children. Before you know it, you'll hear the same phrases coming out of their mouths. We all do it, but try to make an effort to stop, at least in front of your children.

Just sat down with a hot drink, when your child calls from another room? (Or even texts from their bedroom!) It's okay for them to wait. Acknowledge them, then explain that you are having a sit-down and they will need to wait. Seeing you create boundaries gives them a template to create their own.

It's okay to wait



Do you have 2 minutes?
Watch this video which shows you the power of positive self-talk in children.
<https://www.youtube.com/watch?v=x3Pkadgw0aQ>



Do you have 1 hour?
Watch this video from our colleagues in Sussex CAMHS about self-esteem and resilience in children and parents.
https://youtu.be/S_nsiOiuC8



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