



Together we can 'Reach for the Sky'.



RGI Inclusion Newsletter

December 2025

It has been a busy end of term with fantastic nativities and singing performances. This can bring challenges for some children with changes to their routine and differences in their environments with Christmas decorations. We know it can also be hard during the holidays too with these changes.

Here are some ideas to help during the festive time:

Visual timetables: Create visual timetables that outline the day. Be clear with your child on what they can expect from each part of the day, going over any aspects they may find especially tricky, such as visiting relatives or crowds. You can draw pictures or role play to help them understand.

Sensory Considerations: Prepare sensory-friendly activities and environments, ensuring that your child has a safe space away from the festive chaos when needed.

Try to describe what your children's needs are ahead of any family visits so that you can explain fully and agree adjustments that work for everyone.

Consider planning one or more recovery days after the main Christmas events to allow your child to decompress and unwind by doing whatever helps them cope with potentially overwhelming situations.

We hope you enjoy the break.

Mrs L Hardy, SENDCO

Coming up...

SEND Parent drop in – TBC

Sorry that the parent meeting had to be cancelled this term. I will send out a flyer at the start of the Spring term with a new date.

Individual Learning Plans (ILPs)

If your child has an individual learning plan with targets to help them, teachers have reviewed and written new plans. You will receive a copy before the Christmas break. Some children may need to have interventions outside of the classroom which take place in Sky Hub (where the Inclusion team are based), whereas some children's needs will be met with tailored provision in the classroom.

If your child has a speech and language plan, these will be reviewed continually throughout the year.

If you are not sure whether your child has an ILP, then please check with your class teacher.



If you have any concerns or questions regarding your child's needs, you can make an appointment to speak with:

your child's class teacher, Mrs Hardy (SENDCO) lhardy@rosegreeninfant.school or

Mrs Bull (ELSA) abull@rosegreeninfant.school



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UMBRELLAS

Parent Support Groups

Spring Term 2026

Connecting parents and carers of children and young people in West Sussex with special educational needs and disabilities



Burgess Hill Umbrellas

Tuesdays, 10 am - 11.30 am

The Cherry Tree Centre

13th Jan / 3rd Feb / 3rd Mar

Littlehampton Umbrellas

Wednesdays, 10 am - 11.30 am

Creative Heart Community Hub (upstairs)

14th Jan / 11th Feb / 11th Mar

Worthing Umbrellas

Tuesdays, 10 am - 11.30 am

Durrington Community Centre

20th Jan / 10th Feb / 17th Mar

Umbrellas Online

Thursdays via Zoom

7.30 - 9pm

15th Jan / 12th Feb / 5th Mar

Horsham Umbrellas

Wednesdays, 10 am - 11.30 am

Horsham Family Hub

21st Jan / 25th Feb / 18th Mar

Shoreham Umbrellas

Tuesdays, 10 am - 11.30 am

Adur East Family Hub

27th Jan / 24th Feb / 24th Mar

Bognor Regis Umbrellas

Thursdays, 10 am - 11.30 am

Arun West Family Hub

29th Jan / 26th Feb / 26th Mar

If you would like more information about Umbrellas or the link to join Umbrellas online, please contact our outreach team.

outreach-training@reachingfamilies.org.uk



Reaching Families

www.reachingfamilies.org.uk

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TRAINING SPRING TERM 2026



WORKSHOPS

Making Sense of Masking	Tuesday 13th January	7.30 - 9.30 pm
Understanding Demand Avoidance	Thursday 15th January	10.30 am - 12.30 pm
Making Sense of Wellbeing: Self-care skills for parents and carers	Tuesday 20th January	7.30 - 9.00 pm
Understanding Sensory Processing Differences	Wednesday 28th January	10.30am - 12.30pm
Making Sense of Anxiety in Adolescence	Tuesday 3rd February	7.30 - 9.30 pm
Making Sense of Personal Independence Payment (PIP)	Wednesday 4th February	7.30 - 9.30 pm
Making Sense of Annual Reviews	Thursday 5th February	10.30 am - 12.30 pm
Understanding Attention Deficit Hyperactivity Disorder (ADHD)	Thursday 12th February	10.30 am - 12.30 pm

All of the above training will be delivered on Zoom

For further information visit our website or email: outreach-training@reachingfamilies.org.uk



SCAN ME

All our workshops are free of charge. For more information or to book a place, please visit our Eventbrite page or scan the QR code.

reachingfamilies.eventbrite.com



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Useful organisations providing training, support and information.

